

GLUTEN FREE MENU

PLEASE FIND BELOW A SELECTION OF OUR GENERAL MENU ITEMS THAT ARE SUITABLE FOR THOSE CUSTOMERS FOLLOWING A GLUTEN FREE DIET. THIS REFERS ONLY TO THE INTENTIONAL AVOIDANCE OF GLUTEN & UNFORTUNATELY IT IS NOT POSSIBLE TO GUARANTEE THAT OUR DISHES ARE 100% ALLERGEN FREE.

BE ADVISED THAT HASH BROWNS ,VEGAN SAUSAGES & CHIPS ARE COOKED IN OUR FRYER AND AS SUCH ARE NOT COELIAC COMPLIANT.

ALWAYS MAKE YOUR SERVER AWARE AT POINT OF ORDERING OF ANY DIETARY REQUIREMENTS.

Breakfast

Rise & Shine £9.49 1 egg,1 bacon, flat mushroom, beans and tomato, GF Farmhouse seeded, or Farmhouse white toast & butter

Hungry Gardener . . £11.45 2 eggs, 2 bacon, grilled tomato, beans, 2 hash Brown, flat mushroom, 2 GF Farmhouse seeded, or Farmhouse white toast & butter Veggie Patch £9.49 2 Vegan sausage, 1 fried egg, grilled flat mushroom, grilled fresh tomato or baked beans. GF Farmhouse seeded, or Farmhouse white toast & butter

Eggs on toast £8.45 (fried, poached or scrambled)

Bacon Sandwich £7.50 GF Farmhouse seeded, or Farmhouse white bread

OPEN 7 DAYS A WEEK
Telephone 01425 638926 REDCLIFFE GARDEN CENTRE
Bashley Road, Bashley, New Milton, BH25 5RY
pottingshedbashley@gmail.com

Jacket Potatoes

large, jacket potato served with dressed salad

Grilled Back
Bacon £9.50
Tuna Mayo £9.50
Royal Greenland Prawns
in Marie Rose Sauce
£9.50
Baked Beans £9.50
Mature Cheese £9.50
Extra Filling+£2

Sandwiches

served with dressed salad & crisps, GF Farmhouse seeded, or Farmhouse white bread

Tuna mayo

Ham

Brie

Blt

Prawns

Roast chicken

Vegan sausage and Real Ale Chutney (contains BARLEY)

Smoked Salmon, cream cheese & mixed leaves

Gardeners Favourites

Homemade Soup of the day £8 served with 2 slices of gluten free bread. Please check with your server for today's flavour

Fish Pie£13.50 white fish, salmon and prawns gently cooked in a parsley sauce and topped with cheesy mash and served with fresh vegetables

Cheese on toast ... £8.45 2 slices of gluten free bread toasted & grilled with mature cheese + 2 bacon£2.50

Afternoon Selection

Gluten Free Cream Tea £8.75 Served with 2 gluten free sultana scones West Country clotted cream & strawberry jam. Tea or coffee latte/cappuccino/hot choc +30p

Please ask your server for today's selection of gluten free cakes